



Little Muddy Me

Sun Protection Policy

Date updated: Nov 2023

Date of next review: Nov 2024

Young children love to play outdoors, and they are unaware of the damaging effects the sun has on their delicate skin. It is very important that children are protected from these damaging rays and as adults it is important that we take precautions for them.

Getting sunburnt as a child can lead to the risk of skin cancer when they are older; this is easily prevented by following some simple steps.

We will do everything we can, working in partnership with you, to ensure that your child is protected. To help us could you please provide the following items:

- High factor sun cream (label with your child's name)
- Sun hat (preferably a legionnaire's hat to protect the neck) Named
- A thin long sleeved top or cardigan
- Please apply sun cream before their session starts, we will top up accordingly throughout their time with us.

We will avoid spending prolonged periods of time outdoors during the hottest part of the day. We will encourage your child to drink water regularly to prevent dehydration.

We will require you to sign a form giving us permission to apply the sun cream that you or we have provided.